

WINE COUNTRY ESCAPE: WHERE TO EAT, DRINK, SLEEP, AND BUY A CASE

Desert Living

Big Dipper

KEEPING COOL WITH GOOD DESIGN

The Best Personal Trainer in Phoenix

Take a Sedona Spa Journey

WALL TO WALL Making the Most Out of Minimalism

action



The Right Cuff

JEWELRY: *judith ryjka*

Apparently there is a special ring in the sand and it can be found at the new bracelets by Judith Ryjka. Decked with 14-karat gold, these are quarter-inch wide, and usually weighing two to four grams. These pieces are perfect for those summer days when your wardrobe goes from beach to work and more in a moment. The collection starts at \$300. [More: judithryjka.com](http://www.judithryjka.com)

Alofty Goals

HOTEL: *aloft*

While the W Hotel in Scottsdale opened with a barrage of parties, press, and pretty people, another Starwood property quietly came to life in Tempe. Aimed at a markedly more business-minded clientele, the Aloft, a brand created by W Hotels, is designed with a similar sleek and minimal aesthetic but with amenities and room configurations aimed at a less scene-centered guest. There are no suites here, no poolside bars, and no door guy with a list. But there are plug-ins, so your laptop's screen will appear on the 42-inch in-room HDTV, a 24-hour grab-and-go café, free WiFi everywhere, and self check-in kiosks that allow guests to choose a room, find a restaurant, print a boarding pass, or navigate their way around the city. These perks don't mean that the hotel is all business, though. The morning coffeebar turns into the dimly lit wxyz bar at night, where college students drop by from the nearby ASU campus and local business people sip martinis with colleagues in from out of town. —M.J. **More: 951 E. Playa Del Norte Dr., 480.621.3300; starwoodhotels.com/aloft**



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